



## **Airman & Family Readiness Program Newsletter**

### ***"Keeping In Touch"***

## **132d Fighter Wing / Iowa Air National Guard**

### **February 2012 Issue**



### **TAKE A VACATION ON US!!!** **FY12 Strong Bonds Workshop**

Need an opportunity to get away for some marital reconnection or family time? Take a vacation on us. Below are the dates and locations for FY12 Strong Bonds Workshops.

#### **Laugh Your Way to a Better Marriage** July 21-22, 2012- Waterloo

The "Laugh Your Way..." workshop was developed by Pastor Mark Gungor, in which he takes a humorous look at the differences between men and women and will you're rolling in the aisles with laughter. This course will help couples see how they are made and embrace those differences or similarities in their mates.

#### **7 Habits of Highly Effective Military Families** July 28-29, 2012- Dayton

The 7 Habits of Highly Effective Military Families is one of the best programs to help military families learn how to stay focused, stay positive, and set goals for themselves and their families.

#### **Prevention & Relationship Enhancement Program** February 25-26, 2012- Sioux City April 21-22, 2012- Des Moines

This workshop and materials teach couples the skills they need to nurture a lasting relationship. PREP begins by teaching effective communication skills, addresses

### **132d Fighter Wing Family Readiness Group Tentative Meeting Schedule for FY12**

*5 Feb- FRG Meeting at 1:30pm*  
*4 Mar- FRG Meeting at 1:30pm*  
*15 April- No Meeting (Easter Egg Hunt)*  
*6 May- FRG Meeting at 1:30pm*  
*3 Jun- No Meeting*  
*15 July- FRG Meeting at 1:30pm*  
*5 Aug- FRG Meeting at 1:30pm*  
*16 Sep- No Meeting*

Meetings are held in the Force Support Squadron Conference Room, Bldg 110.  
Please contact Samantha Padgett for additional information.

**Airman & Family Readiness Office**  
Bldg 110 Rm 170  
515-261-8786

problem resolution strategies, and reveals how to discover the hidden issues in every relationship.

#### **Interpersonal Choices & Knowledge** February 18-19, 2012- Dubuque Area

Join us for a weekend at a ski resort!!! This retreat is designed to help single service members enhance relationships in their lives with significant others, family members, and co-workers.

We will cover personality types, take an interest inventory for career planning, and

learn what to look for in finding your soul mate.

All workshops are FREE of charge. Family Members are placed on Invitation Travel Orders and reimbursed mileage, lodging and per diem.

Please contact Samantha Padgett at 515-261-8786 or via email at [samantha.padgett@ang.af.mil](mailto:samantha.padgett@ang.af.mil) to register.

### **The Dream Team**

[www.dreamteamdsm.org](http://www.dreamteamdsm.org)



Our Mission Statement:

To assist youth in developing a healthy spirit, mind and body and a productive approach to life's challenges through

preparation for and participation in RAGBRAI.

How do I get involved:

- Contact Deb Ryan at 321-1235 to get on the team list – you must sign up prior to the Feb. 6th meeting.
- At least one parent/guardian and the team member must attend a mandatory meeting at the Des Moines Register at 715 Locust St. to fill out paper work on **February 6, 2012 at 7:00 PM** and get other important introductory information
- Commit to the full 6 months of training events set up by the Dream Team
- Be willing to have FUN ☺

Important Dream Team Dates:

- Feb. 6 – sign up
- Feb. 16 – Indoor training begins
- April 2 – outdoor training begins
- Mid May weekend – Campout #1 - Y Camp in Boone
- Mid June weekend – Campout #2 – St. Thomas More Center in Panora

- Early July – Campout #3 – Jim and Judy Green's home on Sun Valley Lake
- July 21 – leave for RAGBRAI
- July 28 – return from RAGBRAI

### **Viking Bay Resort & Lodge Military Discount**

Viking Bay Resort Is now offering a 10% Discount for members of our armed forces to show our appreciation for your sacrifices.

Viking Bay Resort and Lodge offers housekeeping cabins, hotel rooms, and suites, all located on beautiful Lake Miliona. Make Viking Bay Resort and Lodge your destination this year for a relaxing Minnesota vacation combined with superior fishing action!

Contact us by calling 1-218-943-2104

Email us at: [vbr@midwestinfo.net](mailto:vbr@midwestinfo.net)

Or check out our website at

[www.vikingbay.com](http://www.vikingbay.com)

### **AcademyWomen and U.S. Chamber of Commerce Launch Mentoring Program for Military Spouses**

Unemployment among military spouses stands at 26%, largely due to their high mobility and lack of a traditional career track network. As part of the White House's *Joining Forces* initiative to support veterans and military spouses, AcademyWomen has partnered with the U.S. Chamber of Commerce's *Hiring Our Heroes* to address this challenge by launching the MilSpouse eMentor Program, the nation's premiere virtual career-building network for military spouses. The program will launch in conjunction with the Hiring Our Heroes - Military Spouse Career Forum, Washington DC Job Fair, on January 13, 2012 from 8:30am-2:30pm at the Walter E. Washington Convention Center.

Mentors and spouses will be able to register and connect online, creating a national and international support pipeline that extends far beyond the spouse's current duty station. Through connections with a diverse pool of mentors, the program allows spouses to increase their job stability and upward mobility, two of the most challenging employment issues for military spouses.

The program offers protégés three types of mentors: Corporate Mentors from military spouse-friendly employers, Career Mentors representing various industries or career fields, and Peer Mentors who can advise fellow military spouses on professional and personal issues relevant to military families.

The innovative web-based eMentor platform is designed to afford flexibility to both mentors and protégés while enabling very meaningful dialog. A wide range of participation levels is offered, from forming one-to-one ongoing mentoring relationships to simply responding to or posting questions in group discussion forums.

For more information or to register in the MilSpouse eMentor Program please visit [www.ementorprogram.org/p/milspouse](http://www.ementorprogram.org/p/milspouse) or contact the program's director, Stefanie Goebel at:

AcademyWomen

p: 520.955.3370

e: [goebel@academywomen.org](mailto:goebel@academywomen.org)

**2012 Valentines for Veterans Concert**  
**Featuring Country Music Artist Lorri**  
**Morgan**

Tuesday, February 14, 2012 at 7PM at  
Riverside Casino & Golf Resort – Riverside,  
IA. Tickets are complimentary to all  
veterans, their families and the general  
public. To reserve tickets please call 319-  
339-7155 or email [V4Viowacity@va.gov](mailto:V4Viowacity@va.gov)

**Military Fatherhood Award Nominations**  
**Open January 23rd!**

The nomination process for National Fatherhood Initiative's 2012 Military Fatherhood Award

<[http://r20.rs6.net/tn.jsp?llr=elitjecab&et=1109072620482&s=56656&e=001noikLRtHA7dDtjWunsVVKH-wiW-bUa0GFCyPm2BumdSuDI0tt9Eyynd\\_DTYy yazHeFToYv8lb0PUDiY9F5sIUeBakLgLHSRwK6HqA\\_DNKXgEPVKWa8KFiW\\_AjWxw19N](http://r20.rs6.net/tn.jsp?llr=elitjecab&et=1109072620482&s=56656&e=001noikLRtHA7dDtjWunsVVKH-wiW-bUa0GFCyPm2BumdSuDI0tt9Eyynd_DTYy yazHeFToYv8lb0PUDiY9F5sIUeBakLgLHSRwK6HqA_DNKXgEPVKWa8KFiW_AjWxw19N)> will open on Monday, January 23rd at 12:00pm ET. Full instructions will be included on the form.

\*Nominee's ongoing commitment and dedication to child(ren).

\*Nominee's extraordinary effort to father from a distance during military separation.

\*Nominee's efforts to successfully balance military life and family life.

\*Nominee's efforts to mentor/strengthen other military fathers and/or military children who are separated from their fathers.

\*Unique elements to your nominee's story

We're only accepting the first 600 nominations and they always come in quickly, so you are encouraged to complete your nominations as soon as the form opens! For more information about our annual Military Fatherhood Award, please visit [www.militaryfatherhoodaward.org](http://www.militaryfatherhoodaward.org)

<[http://r20.rs6.net/tn.jsp?llr=elitjecab&et=1109072620482&s=56656&e=001noikLRtHA7cPO1II0AossEd1cgtKVI5GBQjXs-dkP3FfN8BmYKpOVscu032B2cZOBP89Rz085HBQe3c5qJnYLEdAifMrRiAsnRn48ucA4VSGysnMH\\_E9XPEivSIXPR0o](http://r20.rs6.net/tn.jsp?llr=elitjecab&et=1109072620482&s=56656&e=001noikLRtHA7cPO1II0AossEd1cgtKVI5GBQjXs-dkP3FfN8BmYKpOVscu032B2cZOBP89Rz085HBQe3c5qJnYLEdAifMrRiAsnRn48ucA4VSGysnMH_E9XPEivSIXPR0o)> .

## **2012 Commissary Scholarships for Military Children**

Applications for the 2012 Scholarships for Military Children Program will be available starting Dec. 1 at commissaries worldwide as well as online through a link on <http://www.commissaries.com> and directly at <http://www.militaryscholar.org>.

Awards will be based on funds available, but the program awards at least one \$1,500 scholarship to a student at each commissary. Scholarships are funded by donations from commissary vendors, manufacturers, brokers, suppliers and the general public. Every dollar donated goes directly to funding scholarships. No taxpayer dollars are expended on the scholarship program.

If there are no eligible applicants from a particular commissary, the funds designated for that commissary are used to award an additional scholarship at another store. The scholarship program was created to recognize military families' contributions to the readiness of U.S. armed forces and the commissary's role in the military community. Since the program began in 2000, it has awarded more than \$9.3 million in scholarships to 6,069 military children from 62,000-plus applicants.

"While these numbers are impressive, what's even more impressive is what past scholarship recipients are doing with their education," said Defense Commissary Agency Director and CEO Joseph H. Jeu. "Many recipients have entered a wide range of career fields such as teaching, business, law and military service – to name just a few. Many others have earned advanced degrees. They are making their way in this world, and they are making a difference."

To be eligible for a scholarship, the student must be a dependent, unmarried child, no older than 21 – or 23, if enrolled as a full-time student at a college or university – of a

service member on active duty, reservist, guardsman, retiree or survivor of a military member who died while on active duty or survivor of a retiree. Eligibility is determined using the Defense Enrollment Eligibility Reporting System database.

Applicants should ensure that they, as well as their sponsor, are enrolled in the DEERS database and have a current military ID card. The applicant must also be planning to attend or already attending an accredited college or university, full time, in the fall of 2012 or be enrolled in a program of studies designed to transfer directly into a four-year program.

Applicants must submit an essay on a topic which will be available Dec. 1 on <http://www.militaryscholar.org>. Applications must be turned in to a commissary by close of business Feb. 24, 2012.

The scholarship program is administered by Fisher House Foundation, a nonprofit organization that provides assistance to service members and their families. Scholarship Managers, a national, nonprofit, scholarship-management services organization, evaluates applications and awards these scholarships. If students have questions about the scholarship program application, call Scholarship Managers at 856-616-9311 or email.

About DeCA: The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a 5-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. Shoppers save an average of more than 30 percent on their purchases compared to commercial prices – savings amounting to thousands of dollars annually. For current savings figures for

various groups – single member up to a family of seven – visit our Savings page. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.

### **Walgreen TRICARE Contract Expires**

The expiration of the retail pharmacy contract between Express Scripts, Inc. And the Walgreens pharmacy chain means Walgreens is no longer a TRICARE pharmacy network provider as of Jan. 1. TRICARE beneficiaries changing from Walgreens pharmacy can simply take their current prescription bottle to their new network pharmacy to have the prescription transferred. To find a nearby network pharmacy, use the "find a pharmacy" feature on Express-Scripts website at [www.express-scripts.com/tricare](http://www.express-scripts.com/tricare). Beneficiaries who want help finding a pharmacy, changing their medications to Home Delivery, or who have other questions can contact Express Scripts at 877-885-6313. For more information, visit the TRICARE website at [www.tricare.mil/walgreens/](http://www.tricare.mil/walgreens/). For a related article on CVS and TRICARE Pharmacy, see the Military Advantage Blog. <http://www.military.com/military-report/walgreen-tricare-contract-expires?ESRC=mr.nl>

### **Iowa National Guard Officer's Auxiliary 2012 Scholarship**

INGOA is currently seeking applicants for the 2012 Scholarship Program.

The scholarship for \$1,000.00 is open to children of Iowa National Guard members who are currently serving, retired or

deceased retired. They must be a senior or a graduating junior and must be attending an accredited college or university in Iowa and be enrolled in a degree program.

The deadline is February 6, 2012 and the point of contact is Ryan Barton. He can be reached at: [1151mgrper1@hy-vee.com](mailto:1151mgrper1@hy-vee.com).

All of these details and more can be found in the guidelines document at the following link:

<http://www.ingoaux.org/index.cfm?nodeID=30143&audienceID=1&action=detail&eventid=34661>

### **FREE TAX ASSISTANCE at Camp Dodge**

The Staff Judge Advocate Office is offering the Volunteer Income Tax Assistance (VITA) program at JFHQ Armory, Camp Dodge. This is free assistance in the completion and electronic filing of most State and Federal income tax returns. Soldiers and Airmen will be seen by appointment only. We will begin accepting appointments DECEMBER 05, 2011 **FOR TAX YEAR 2010 TAX RETURNS AND BEGINNING JANUARY 17, 2012 FOR TAX YEAR 2011 TAX RETURNS.**

PLEASE READ THIS ENTIRE MESSAGE BEFORE CALLING TO SCHEDULE AN APPOINTMENT.

Please be sure to bring all pertinent tax documents with you to your appointment. Due to IRS rules, you **MUST** have the following documents. If you do not bring these documents to your appointment, we will **NOT** be able to complete your tax return or file it. **YOU WILL NEED TO RESCHEDULE IF THERE ARE ANY REMAINING APPOINTMENTS AVAILABLE.**

### **MUST bring:**

- Social Security Cards for each individual listed on the return
- A copy of last year's tax return and Amended Return, if applicable. We are not able to pull-up last year's return.
- All W-2s, original and corrected, (if applicable). If receiving SLRP, you will have a second W-2.
- All 1099s, 1098s, etc., (if applicable)
- AGR Soldiers bring your dental insurance premium amount (this information is on your LES)
- Anyone paying premiums for Tri-Care Reserve Select (TRS), bring total amount paid in 2011.

Be aware, not all banks and institutions send out hard copies of tax documents. Please be sure to secure these documents prior to your appointment. You may have to print some of your documents online. For example, your mortgage statement may need to be printed from the bank's website because a hard copy may not have been sent.

Reminder for the first time homebuyer credit, if your home was purchased in 2008 and you owned it and used it as your main home during all of 2009, 2010 and 2011 second repayment of the credit over a 15 year period is due with your 2011 return.

If you drive to drill more than 100 miles one way, you are entitled to an adjustment to income on Federal Income Taxes. Need number of miles you travel to drill and if you stay in a hotel/motel what that cost was. Also, keep track of food purchased. DO NOT include meals provided at drill. Receipts are helpful.

If you were deployed for any period of time during the tax year for which you are filing, you may be entitled to tax benefits which are not available to non-deployed taxpayers. For Federal Income Tax purposes, the deployment must be to an area which is designated as a Combat Zone for Income Tax purposes. The criteria are not the same as the criteria for authorized wear of a right shoulder patch, so be sure to inform your tax preparer of any deployment or support to a deployment. For State Income Tax purposes, if you are on order in support of OIF, OEF, OND you are entitled to have all or a portion of your income excluded from Iowa State Income Tax. Please bring a copy of your orders, to your appointment, if you are not sure of the status.

If you have completed your taxes for a prior tax year, and you were deployed for a portion of that tax year, we will review your tax return in order to determine if you were given all the tax benefits to which you were entitled. If you were not given those benefits, we will amend the tax return and assist you in filing it. We will offer this service even if the original tax return was not filed by this office.

Call SPC O'Haver beginning **DECEMBER 05, 2011** to set up an appointment 515-252-4259. Please advise him as to what tax years you will be filing.

**Please note:** Because of IRS-mandated changes, there are several forms we are no longer able to file. Below is a list of forms we are no longer authorized to complete or can only complete certain portions of the form. Before you call to make an appointment, please be sure you do not need to file a form listed below.

#### Forms:

1. The Schedule C (Business Income OVER \$10,000) – VITA volunteers cannot complete your return if you



have business use of your home, carry over inventory, depreciable equipment, employees, or if your business has a loss. Schedule C-EZ or schedule C up to \$10,000 of income are the only business income schedules VITA volunteers may complete.

2. Form 4797 (Sale of Business Property) - This form cannot be accomplished by a VITA volunteer for the sale of a home that was used for business other than a rental. VITA volunteers can still accomplish this form for a military member who used the home as a rental.
3. Form 5329 (Early Distributions of Sheltered Funds) – VITA volunteers can only complete this form if the taxpayer took an early IRA/Roth distribution for education, buying their first home, or health reasons. VITA volunteers cannot complete this form if a taxpayer moved an IRA/Roth distribution and did not rollover the full amount.
4. Form 8606 (IRA Contributions) – VITA volunteers cannot complete this form if you need to claim nondeductible IRA contributions when you have taken a distribution.
5. Schedule D Worksheet (Sale of Personal Home Exclusion) – VITA volunteers cannot complete this worksheet for reduced exclusion or prior exclusion on the sale of a home. This form is for taxpayers who owned and used a home for less than two years and so do not meet the ownership and use test.
6. Schedule K-1 (Partnership or Trust Income) – VITA volunteers can accomplish this form unless the form

lists anything other than interest, dividends, or capital gains.

VITA volunteers are also unable to accomplish this form if you are listed as “At Risk” or “Passive Income” on the form.

7. Schedule E (Rental Income) – VITA volunteers can complete this form ONLY if the taxpayer is actively involved in the decisions of the rental property. To be considered actively involved in the rental property taxpayer must make significant management decisions, such as approving rental terms, repairs, expenditures, and new tenants. Taxpayers who use a property manager could be considered active participants if they retain final management rights.
8. Form 8814 (Parents’ Election to Report Child’s Interest and Dividends) VITA volunteers can only complete this form for the Alaskan Dividend Fund received by a minor.
9. Form 3903 (Moving Expense) – VITA volunteers can complete this form only for expenses incurred by a military member for a PCS move.

**VITA CANNOT COMPLETE  
ANYTHING ON THE FOLLOWING  
FORMS:**

10. Form 8853 (Archer Medical Savings Account)
11. Schedule F (Profit or Loss from Farming)
12. Self-Employed SEP, SIMPLE & qualified plans AND Self-Employed Health Insurance Deduction
13. Form 4684 (Casualty and Loss)

14. Form 2555 (Foreign Earned Income Exclusion)
15. Form 5695 (Residential Energy Credit)
16. Form 8903 (Domestic Production Activities Deduction)
17. Form 8910 (Alternate Motor Vehicle Credit)

### **Exceptional Parent Magazine January 2012 Resource Guide Issue**

The family program office has received the latest digital issue of Exceptional Parent. You can view the January 2012 issue at: [www.eparentdigital.com](http://www.eparentdigital.com)  
<<http://e.adtrak360.com/q/7Q7u6pVVuInBVjj3TCWSThKQdWgfegE7SgDlrf28xYje6ogGdw3iXUpJw>>

To access this issue and future issues, you will need to enter the Email address and the password listed below:

Email address: [132fw@eparent.com](mailto:132fw@eparent.com)  
Password: specialneeds

Enjoy!

Joseph Valenzano  
President & CEO

### **2012 Air Force Reserve/Air National Guard Teen Leadership Summits:**

The AFR/ANG Teen Leadership Summits are open to 15-18 year old dependent teens of current Air Force Reserve or Air National Guard military members. Applicants will be required to complete entire application to include essay questions. Transportation and Camp costs are funded by Air Force.

Additional information and instructions for applicants and adult volunteers are currently available at the following website: [www.afrc.af.mil/library/4rfamilies](http://www.afrc.af.mil/library/4rfamilies). The online application will be available on the website 16 Jan, with an application deadline of 13 Apr 2012.

Classic Teen Leadership Summit - 17-22 June 2012 Wahsega 4-H Center: Dahlonega, Georgia

Nestled in a valley of the Chattahoochee National Forest, Wahsega 4-H Center plays host to the Classic Teen Leadership Summit. During this week long adventure, teens will participate in high adventure activities such as high ropes, zip line canopy tour, white-water rafting, hiking, fishing, archery, survival classes, and more! Leadership classes taught throughout the week include True Colors and the General Hugh H. Shelton Leadership Challenge. Attendees will be introduced to community partners such as 4-H, BGCA, American Legion, YMCA and others who provide support to military families in communities across America. This Summit also includes military traditions and community service projects.

Adventure Teen Leadership Summit - 7-12 Aug 2012 Cheley Colorado Camps: Estes Park, Colorado

Bordering Rocky Mountain National Park, Cheley Colorado Camps, a family owned and operated summer camp for over 90



years, will host the Adventure Teen Leadership Summit. During this Summit, teens will participate in daily adventure activities including hiking, mountain biking, horseback riding, horse colt training, arts & crafts, woodworking, technical climbing, and archery. Leadership classes taught throughout the week include True Colors and the 7 Habits of Highly Effective Teens. Each evening, teens will gather for programs including campfires and songs, musical performances, and environmental education classes. This Summit also includes military traditions and community service projects.

The POCs for the 2012 Air Force Reserve/Air National Guard Teen Leadership Summits are:

Ms. Brandi McGonagill,  
[brandi.mullins.ctr@us.af.mil](mailto:brandi.mullins.ctr@us.af.mil), 478-327-2090,  
DSN 497-2090 Chaplain Bob Leivers,  
[rcleivers@aol.com](mailto:rcleivers@aol.com), 719-554-3610, DSN  
692-3610 Ms. Krystal Shiver,  
[krystal.shiver@us.af.mil](mailto:krystal.shiver@us.af.mil), 478-327-1294,  
DSN 497-1294

If you have questions please feel free to contact me--- Sandra Mason,  
[sandra.mason.ctr@ang.af.mil](mailto:sandra.mason.ctr@ang.af.mil), 240-612-8138, DSN 612-8138 or Barbara Lohr,  
[barbara.lohr@ang.af.mil](mailto:barbara.lohr@ang.af.mil), 240-612-7462, DSN 612-7462.

### **Antivirus Home-Use**

Symantec and McAfee antivirus software are now available for a user to download from home, or from on base and saved to a CD-ROM for use at home.

Background: Antivirus software is a computer program that attempts to identify, neutralize or eliminate malicious software. The term "antivirus" is used because the earliest examples were designed exclusively to combat computer viruses; however most

modern anti-virus software is now designed to combat a wide range of threats, including worms, phishing attacks, root kits, Trojans, often described collectively as malware. Even though this software protects against certain threats, it does not protect against ALL threats. The DoD Antivirus Software License Agreement with McAfee and Symantec allows active DoD employees to utilize the antivirus software for home use. Home use of the antivirus products will not only protect personal PCs at home, but will also potentially lessen the threat of employees bringing malicious logic into work and compromising DoD networks. DoD military and civilian personnel can download free antivirus software for their home computers from the DoD Patch Repository website. Note that contractors are excluded from using the software at home or on any other system not belonging to the DoD.

LINK: <https://www.my.af.mil/gcss-af/USAF/ep/contentView.do?contentType=EDITORIAL&contentId=c5FDEA9F0236E621601237C6DD98101F8&channelPageId=sA1FBF31D2377130901237B8FD0440136>

Alternatively, this webpage can be located manually by going to the Air Force Portal. Under Featured Items, select 'Cyber' then on the right navigation bar select 'Antivirus Software Can Now Be Downloaded at Home.' Select 'Here' at the end of the paragraph, this will take you to the URL listed above.

\*\*\*No technical support is provided for home users. If you have questions about the software, please contact the vendor directly for support. If you have any problems with downloading the software, contact the Air Force Portal Help Desk at DSN 596-5771 opt 7 or Toll Free (877)596-5771 opt 7\*\*\*

### **Air Force Library Digital Media Program**

Below is a link where you can download free e-books! It is free for AF military, civilian employees, contractors, retirees and family members. For more information go to:

<http://af.lib.overdrive.com/3A7253FB-F9F5-4D7F-AFEA-77C1C9531692/10/527/en/default.htm>

### **"Telling: Des Moines": performances - Mar-Apr, 2012.**

Veterans are invited to share their experiences in a unique theatrical experience titled The Telling Project. The experience entails a series of interviews with veterans that will become a play, taken directly from the stories of local veterans, and performed by the veterans themselves.

Those interested in sharing their experiences can set up an interview at the DMACC-Ankeny campus and will last approximately one hour. All interviews will be videotaped and archived.

This is an opportunity for veterans and their families to tell their stories about their

experiences in the military. The Telling Project and Working Group Theatre will work with veterans to create and stage this unique performance.

Performance dates will be March or April 2012. For more information or to schedule an interview time, contact Nicole Shumate at [nicoleshumate@yahoo.com](mailto:nicoleshumate@yahoo.com) 515-822-5285 or Deborah McKittrick at [dkmckittrick@dmacc.edu](mailto:dkmckittrick@dmacc.edu) visit <http://thetellingproject.org>

***Pick up the phone if you are experiencing an emotional crisis and need to talk to a trained VA professional. You'll be immediately connected with a qualified caring provider who can help.  
1-800-273-TALK (8255)***

If you no longer wish to receive this newsletter please contact Samantha Padgett at 515-261-8786 or by email at [Samantha.Padgett@ang.af.mil](mailto:Samantha.Padgett@ang.af.mil)

# **YOUTH AND ADULT T-SHIRTS AND ADULT HOODIES**

**Youth Sizes: XS, S, M**

**Adult Sizes: S, M, L, XL, XXL, XXXL**

**Youth Short Sleeve T-shirt: \$10**

**Adult Short Sleeve T-shirt: \$12 (add \$2 for XXL and XXXL)**

**Adult Long Sleeve T-shirts: \$15 (add \$2 for XXL and XXXL)**

**Adult Hooded Sweatshirt: \$25 (add \$3 for XXL and XXXL)**

**Magnets: \$5**

**Coins: \$5**



**Front Design**



**Back Design**



**Sleeve Design**

**Shirts are available for purchase in the Family Program Office (Bldg 110, room 170). Cash and Checks are accepted. Make checks payable to 132d FW Family Readiness. 100% of the proceeds go to the Family Readiness Group. Thank you for your support!!!**